

# 1/2 HOUR SWIM

Award Year		
Registration Number	Given Name	Family Name
Club Code	Age	Male/ Female

Record the cumulative time for each 100 metres.

Date of Swim	Pool Length
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100 m		1100 m		2100 m	
200 m		1200 m		2200 m	
300 m		1300 m		2300 m	
400 m		1400 m		2400 m	
500 m		1500 m		2500 m	
600 m		1600 m		2600 m	
700 m		1700 m		2700 m	
800 m		1800 m		2800 m	
900 m		1900 m		2900 m	
1000 m		2000 m		3000 m	

Swim Style	Distance Swum	Points	Signature - Club Recorder
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